

# **Social Work and Social Welfare: An Introduction to the Field**

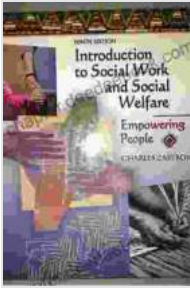
Social work is a profession that helps individuals, families, groups, and communities to enhance their well-being and quality of life. Social workers use their knowledge of human behavior and social problems to provide a wide range of services, including:

- **Counseling**
- **Case management**
- **Advocacy**
- **Program development**
- **Research**

Social workers work in a variety of settings, including:

- **Schools**
- **Hospitals**
- **Mental health clinics**
- **Social service agencies**
- **Government agencies**

Social welfare refers to the systems and programs that are designed to promote the well-being of individuals and families. These systems and programs can include:



## Empowerment Series: Introduction to Social Work and Social Welfare: Empowering People by Charles Zastrow

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- **Public assistance programs**
- **Social insurance programs**
- **Health care programs**
- **Education programs**
- **Housing programs**

Social welfare programs are often funded by governments, but they can also be funded by private organizations.

Social work and social welfare are closely related fields. Social workers help individuals and families to access social welfare programs, and they also advocate for changes to social welfare policies. Social welfare programs provide the resources that social workers need to help their clients.

Social work and social welfare are essential to the well-being of our society. Social workers help individuals and families to overcome challenges and

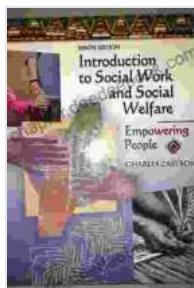
achieve their goals. Social welfare programs provide the resources that people need to live healthy and productive lives.

To become a social worker, you must earn a bachelor's degree in social work from an accredited program. You must also complete a period of supervised field experience. After completing your education and field experience, you must pass a licensing exam.

There are many ways to get involved in social welfare. You can:

- **Volunteer for a social service agency**
- **Donate to a social welfare organization**
- **Advocate for changes to social welfare policies**

Social work and social welfare are essential to the well-being of our society. Social workers help individuals and families to overcome challenges and achieve their goals. Social welfare programs provide the resources that people need to live healthy and productive lives. If you are interested in helping others, a career in social work or social welfare may be a good fit for you.



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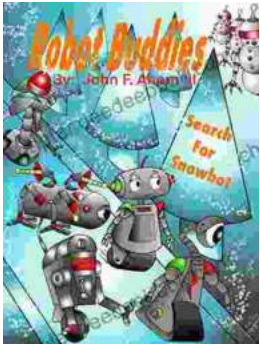
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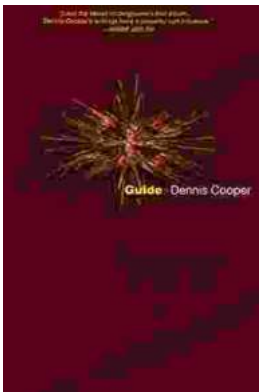
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