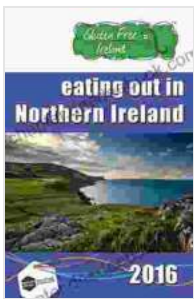


Gluten Free Ireland Eating Out In Northern Ireland 2024 Special Edition

Northern Ireland is a beautiful and welcoming destination for gluten-free travellers. With a growing number of restaurants and cafes catering to celiacs and those with gluten sensitivities, it's easy to find delicious and safe food options wherever you go.



Gluten Free Ireland Eating Out in Northern Ireland 2024 Special Edition by Sophie Kinsella

★★★★☆ 4.8 out of 5

Language : English
File size : 1450 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting: Enabled
Word Wise : Enabled
Print length : 121 pages
Lending : Enabled



This special edition of Gluten Free Ireland Eating Out In Northern Ireland 2024 will provide you with everything you need to know to plan a hassle-free gluten-free trip to Northern Ireland. We've included the latest restaurant and cafe listings, as well as tips and advice for celiacs and those with gluten sensitivities.

Restaurant and Cafe Listings

The following is a list of restaurants and cafes in Northern Ireland that offer gluten-free options:

- Belfast
 - The Coffee Pot
 - Fed & Watered
 - Home
 - OX
 - Stir
- Derry
 - Browns Restaurant
 - City Brewery
 - Lil Deer Street
 - The Exchange
- Armagh
 - Armagh City Hotel
 - The Armagh Observer
 - Café Geno
 - The Old Courthouse
- Antrim
 - The Galgorm

- The Old Rectory
- The Park
- The Salt House
- Down
 - The Culloden Estate and Spa
 - Stormont Hotel
 - Rosepark Hotel
 - The Marine Hotel
- Fermanagh
 - Corick House Hotel
 - Killyhevlin Hotel
 - Malone House
 - The Sheelin Boho Enniskillen
- Tyrone
 - The Galgorm
 - The Culloden Estate and Spa
 - Stormont Hotel
 - Rosepark Hotel

Tips and Advice

Here are a few tips and advice for celiacs and those with gluten sensitivities when eating out in Northern Ireland:

- Always inform the restaurant or cafe that you have a gluten intolerance or celiac disease.
- Check the menu carefully and ask about any hidden gluten ingredients.
- Be aware of cross-contamination risks, such as shared fryers or utensils.
- Carry a gluten-free snack or meal with you in case you cannot find anything suitable to eat.
- Let the restaurant or cafe know if you have any adverse reactions to gluten.

Northern Ireland is a great place to enjoy a gluten-free meal. With a growing number of restaurants and cafes catering to celiacs and those with gluten sensitivities, it's easy to find delicious and safe food options wherever you go.

We hope that this special edition of Gluten Free Ireland Eating Out In Northern Ireland 2024 has been helpful in planning your next trip. We encourage you to explore all that Northern Ireland has to offer and to enjoy the delicious gluten-free food that is available.

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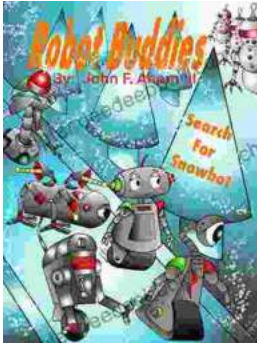
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