

An Adventurer's Guide to Hiking, Biking, and Kayaking Trails in Little Rock, Arkansas



Trails of Little Rock: Hiking, Biking, and Kayaking Trails in Little Rock by Charlotte Byrd

4.2 out of 5

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Little Rock, the vibrant capital of Arkansas, is a haven for outdoor enthusiasts. With its rolling hills, tranquil lakes, and scenic parks, the city offers a plethora of trails for hiking, biking, and kayaking. Whether you're a seasoned adventurer or just starting out, you'll find something to satisfy your craving for outdoor exploration in Little Rock.

Hiking Trails

Pinnacle Mountain State Park

Just west of Little Rock, Pinnacle Mountain State Park is a hiker's paradise. The park's centerpiece is Pinnacle Mountain, a quartzite peak that rises 750 feet above the surrounding terrain. There are several trails to choose from, ranging from easy to challenging, all offering panoramic views of the Little Rock skyline and the Arkansas River valley. The most popular trail is

the West Summit Trail, which leads to the summit of Pinnacle Mountain and offers breathtaking views from the observation deck.



Two Rivers Park

Located along the banks of the Arkansas River, Two Rivers Park offers a scenic and accessible hiking experience. The park's River Trail follows the river for over 6 miles, offering stunning views of the river, the bluffs, and the downtown skyline. The trail is relatively flat and easy to navigate, making it a great option for families with young children or hikers of all abilities. Along the way, you'll find picnic areas, fishing spots, and boat launches.



Two Rivers Park, Little Rock, Arkansas

Rattlesnake Ridge Natural Area

For a more challenging hiking experience, head to Rattlesnake Ridge Natural Area. Located just north of Little Rock, the natural area features a network of trails that wind through a variety of habitats, including forests, meadows, and wetlands. The most popular trail is the Rattlesnake Ridge Trail, which leads to the summit of Rattlesnake Ridge and offers panoramic views of the surrounding area. The trail is steep and rocky in sections, but the views from the summit are well worth the effort.



Biking Trails

Big Dam Bridge

The Big Dam Bridge is a pedestrian and bicycle bridge that spans the Arkansas River, connecting Little Rock to North Little Rock. At 4,226 feet long, it's one of the longest pedestrian bridges in the world. The bridge offers stunning views of the river, the city skyline, and the surrounding hills. It's a popular spot for cyclists, joggers, and walkers, and it's also a great place to watch the sunset.



Big Dam Bridge, Little Rock, Arkansas

River Trail

The River Trail is a 12-mile paved trail that follows the Arkansas River through Little Rock and North Little Rock. The trail is relatively flat and easy to navigate, making it a great option for families with young children or cyclists of all abilities. Along the way, you'll find picnic areas, fishing spots, and boat launches. The River Trail is also connected to the Big Dam Bridge, so you can easily extend your ride across the river.



Two Rivers Park Mountain Bike Trails

For a more challenging mountain biking experience, head to Two Rivers Park. The park's mountain bike trails are designed for all skill levels, from beginner to advanced. The trails wind through forests, meadows, and along the bluffs, offering a variety of terrain and challenges. The most popular trail is the Eagle Trail, which is a 5-mile loop that offers stunning views of the Arkansas River valley.

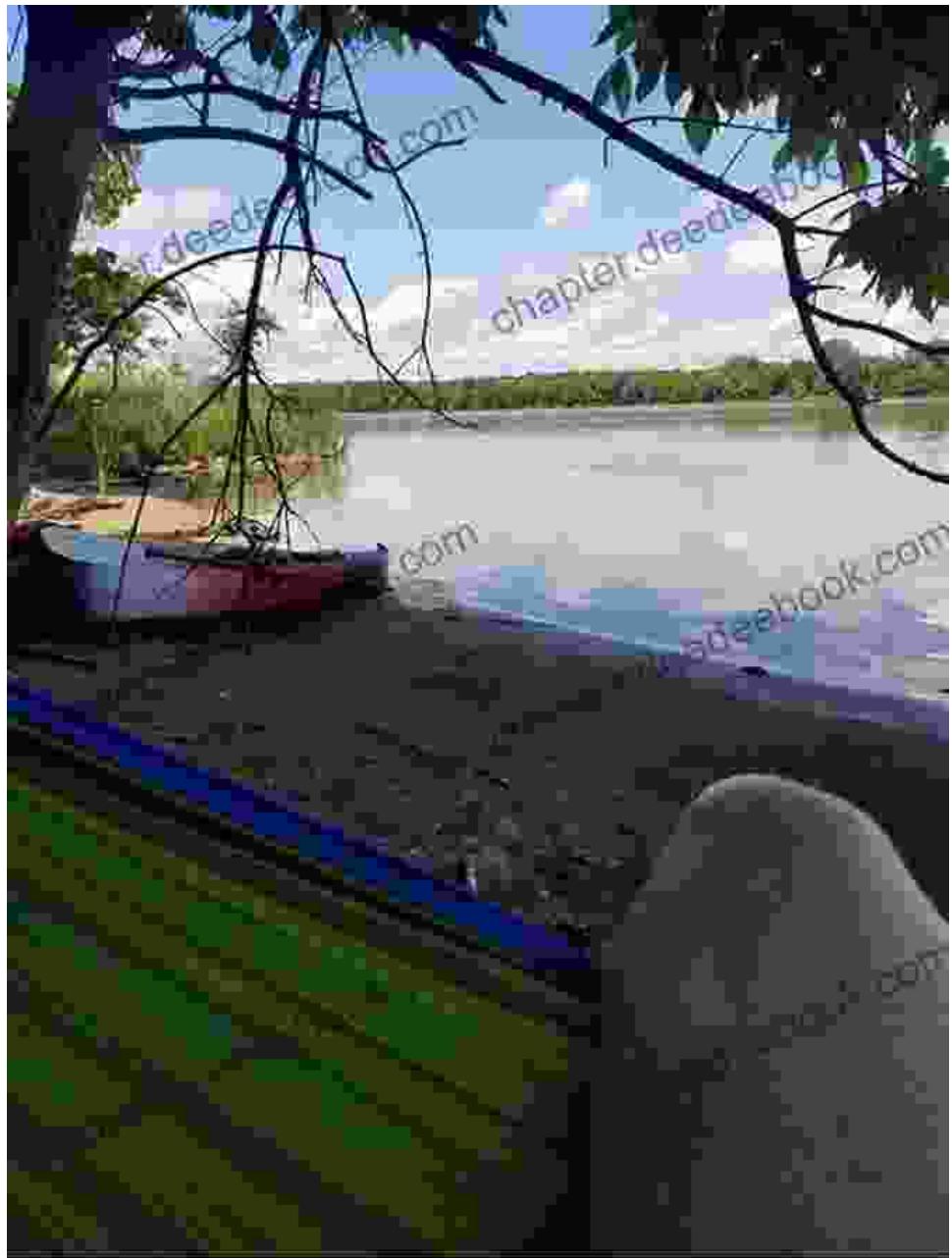


Two Rivers Park Mountain Bike Trails, Little Rock, Arkansas

Kayaking Trails

Arkansas River

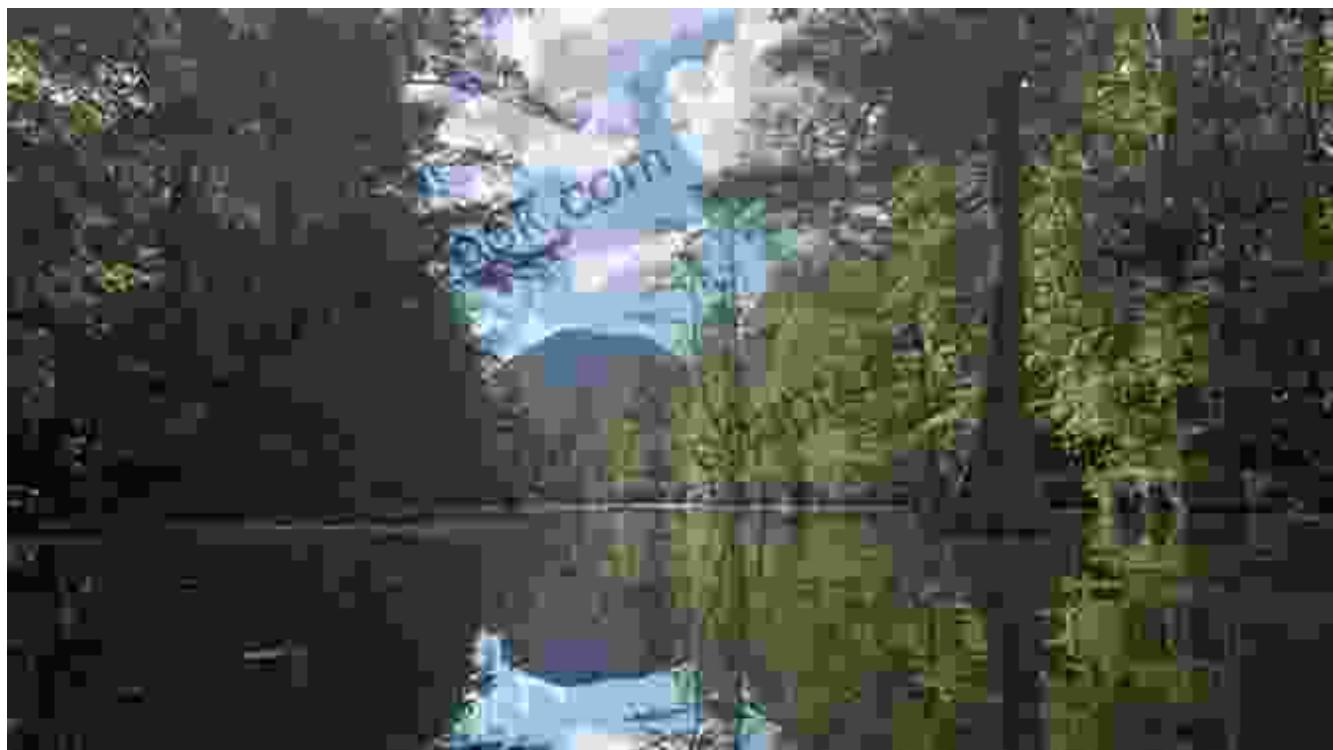
The Arkansas River flows through the heart of Little Rock, offering a scenic and accessible kayaking experience. The river is relatively calm and easy to navigate, making it a great option for beginners. There are several kayak launch points along the river, including Two Rivers Park and the Clinton Presidential Park.



Pinnacle Mountain State Park

In addition to its hiking trails, Pinnacle Mountain State Park also offers a kayaking trail on Maumelle Lake. The trail is a 2-mile loop that takes you around the lake, offering stunning views of Pinnacle Mountain and the surrounding hills. The trail is relatively easy to navigate, but there can be

some wind and waves on the lake, so be sure to check the weather conditions before you go.



Pinnacle Mountain State Park, Little Rock, Arkansas

Little Rock is a treasure trove for outdoor enthusiasts, offering a wide variety of hiking, biking, and kayaking trails to explore. Whether you're looking for a leisurely stroll, a challenging hike, or a scenic paddle, you'll find something to satisfy your adventurous spirit in Little Rock. So grab your gear and head outdoors to experience the natural beauty of the Natural State.

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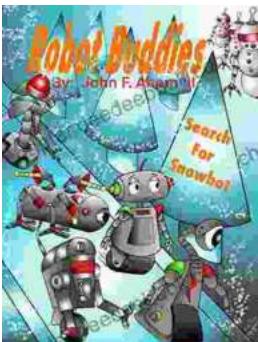
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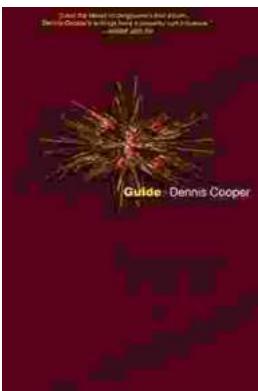
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